



## **PIERCING AFTERCARE INSTRUCTIONS**

### **During the first 6/8 weeks:**

- Use sterile saline spray 2 to 3 times a day to clean.
- Either allow rinse to air dry or pat dry with microfiber cloth.
- Do not twist, pull, or play with piercing. This will increase your healing time and discomfort.

### **At 6 to 8 weeks:**

Please come back in for size down service (you can book this at time if original service). This is included in original service cost and is typically a very quick appointment.

Size down is important to prevent damage to the piercing and improves comfort. ***Please don't skip this!*** Your piercing will typically heal fully in a year. Be cautious to keep earrings in as much as possible.

Please do not hesitate to call with any concerns or questions!